

How to Apply

POST

Complete and return this form to: Education, St Christopher's Hospice, 51-59 Lawrie Park Road, London SE26 6DZ

FAX

Complete and return this form to: 020 8776 5838

ONLINE

Complete our online booking form at:

www.stchristophers.org.uk/bookingform

Course _____

Cost _____ Code _____

Title _____

Surname _____

First Name _____

Job Title _____

Organisation _____

Address _____

_____ Postcode _____

Telephone _____

Email _____

Payment Please x your preferred payment method

Cheque

Made payable to St Christopher's Hospice. Please put the course name and course code on the back of the cheque

Invoice

please invoice the following (if different from above)

Name _____

Address _____

Signature _____ Date _____

Booking Conditions The closing date for applications is 7 days prior to the course start date. No refund can be made after the closing date and where participants do not attend without prior notice to Education administration. Your place on the course will be confirmed following receipt of your booking form and fee. In the event of a booking being cancelled less than 2 weeks before the course start date, 50% of the course fee will be charged. This form can be photocopied for additional applications

Data Protection - In accordance with the Data Protection Act 1998, we are required to inform you that your details will be retained and held on file for administrative purposes by St Christopher's Hospice. Please be assured that we will not pass this information on to any other organisation unless we have your prior consent.

Profession (Please Highlight)

Nurse / Doctor / AHP / Social Worker /

Spiritual Care / Bereavement / Education /

Senior Manager / Administrator / Care Assistant /

Other _____

Are you employed by, or have an honorary contract with one of the following: (Please Highlight)

NHS Hospital Trust / Local Authority / Private Sector /

NHS Community or PCT / Independent Hospice, Voluntary

Org or Charity / University or Education Facility

Dietary Requirements _____

Who is funding this course?

Yourself / Organisation / Other (please specify)

How did you hear about the course? _____

BACS (details available on request)

Credit Card

I authorise St Christopher's Hospice to deduct the course cost from my account

Card Type _____

Amount _____

Cardholder's Name _____

Card No. _____

Valid From _____ Expiry Date _____



Getting Competent and Feeling Confident

Support and Education for Activity Co-ordinators

Dates for 2010

21 April

30 June

17 November

10.00—13.00

Registration opens at 9.30

£35 each or £90 if you book on all 3 courses

The Education Centre,
St Christopher's Hospice, London
code TAC10



Book Online: www.stchristophers.org.uk/bookingform

For more information and Programme:

www.stchristophers.org.uk/education

Getting Competent and Feeling Confident

FACILITATOR

Nigel Hartley, *Director of Supportive Care, St Christopher's Hospice*

Nigel has worked in end-of life care for the past eighteen years, more recently working on the redevelopment of Day Services at St Christopher's Hospice before taking on his current position. He has held posts at both London Lighthouse, a Centre for those living with HIV/AIDS, and also Sir Michael Sobell House, a large Hospice in Oxford. He is an experienced manager, counsellor, musician, and music therapist.

Nigel has chaired both the Association of Professional Music Therapists (UK), and also the British Society of Music Therapy, and has sat on the Allied Health Professions Forum as an Arts Therapies representative. In 2002, he chaired the organising committee for the 10th World Congress of Music Therapy which was held in the UK.

Nigel's main interests and passions are based around how we listen in our lives, and the language that we use to articulate our relationship experiences. Nigel has a national and international reputation as a teacher in end-of-life care and he regularly publishes about his work.

ASSISTED BY

Members of the St Christopher's Arts Team

Attendance at all three sessions is necessary to benefit fully from this course. The individual sessions are £35 each but if you book all three it will only cost £90.

These established morning meetings are aimed at those people who have the responsibility to support patients and residents within health and social care settings through providing diversion, activity or therapeutic experiences.

These three linked sessions aim to offer support, explore ideas and to continuously develop the competencies needed in order to use a range of the arts including painting, creative writing, music, photography and craftwork with people facing life-limiting conditions including the elderly and those living with terminal illness, including dementia. In between attending the sessions it is expected that participants will practise what they have learned and then feedback and share their experiences in the following sessions.

An experienced artist from St Christopher's will be available to mentor your work and offer guidance and support during the process.

Topics will include

- **How to get adequate support**
- Thinking creatively
- How to make a difference with limited resources
- Developing specific skills
- Turning ideas into reality
- Maximising residents' potential and possibility

Who should attend?

- Activity co-ordinators
- Those responsible for creative activities in Care Homes
- Care Home managers
- Volunteers offering therapeutic activities
- End-of-life personnel working with Care Homes

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